

COURSE OUTLINE

(1) GENERAL

SCHOOL	SCHOOL OF EDUCATION		
ACADEMIC UNIT	DEPARTMENT OF PRIMARY EDUCATION		
LEVEL OF STUDIES	UNDERGRADUATE		
COURSE CODE	dey008e	SEMESTER	1
COURSE TITLE	GENERAL PSYCHOLOGY I		
INDEPENDENT TEACHING ACTIVITIES <i>if credits are awarded for separate components of the course, e.g. lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits</i>	WEEKLY TEACHING HOURS	CREDITS	
Lectures, exercises in comprehension, discussion	3	5	
<i>Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).</i>			
COURSE TYPE <i>general background, special background, specialised general knowledge, skills development</i>	General background – Skills development		
PREREQUISITE COURSES:			
LANGUAGE OF INSTRUCTION and EXAMINATIONS:	Greek		
IS THE COURSE OFFERED TO ERASMUS STUDENTS	Yes (in Greek)		
COURSE WEBSITE (URL)	http://ecourse.uoi.gr/course/view.php?id=924		

(2) LEARNING OUTCOMES

<p>Learning outcomes</p> <p><i>The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.</i></p> <p><i>Consult Appendix A</i></p> <ul style="list-style-type: none"> • <i>Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area</i> • <i>Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B</i> • <i>Guidelines for writing Learning Outcomes</i> <p>This course seeks to familiarise students with the basic principles, approaches and methods of Psychology. The course aims to a) offer basic understanding of the nature of Psychology, b) help build knowledge on core human psychological functioning and c) present key knowledge on the areas of cognitive, developmental and social functioning.</p> <p>Upon successful completion of this course students will be able to:</p> <ol style="list-style-type: none"> a) Be familiar with key milestones in the history of Psychology b) Know and understand the main schools of thought in Psychology (e.g. Behaviourism, Psychoanalysis, Humanistic, Cultural-historical) c) Comprehend the main applied fields in Psychology (e.g. developmental, educational, clinical, social, organisational), as well as issues concerning children within each field d) Appreciate the nature of the science of Psychology and its key research methods (e.g. descriptive, experimental) e) Recognise the need for ethical behaviour in all aspects of theory, research and practice of Psychology <p>General Competences</p> <p><i>Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?</i></p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none;"><i>Search for, analysis and synthesis of data and information, with the use of the necessary technology</i></td> <td style="width: 50%; border: none;"><i>Project planning and management</i></td> </tr> <tr> <td style="border: none;"><i>Adapting to new situations</i></td> <td style="border: none;"><i>Respect for difference and multiculturalism</i></td> </tr> <tr> <td style="border: none;"><i>Decision-making</i></td> <td style="border: none;"><i>Respect for the natural environment</i></td> </tr> <tr> <td style="border: none;"><i>Working independently</i></td> <td style="border: none;"><i>Showing social, professional and ethical responsibility and sensitivity to gender issues</i></td> </tr> </table>	<i>Search for, analysis and synthesis of data and information, with the use of the necessary technology</i>	<i>Project planning and management</i>	<i>Adapting to new situations</i>	<i>Respect for difference and multiculturalism</i>	<i>Decision-making</i>	<i>Respect for the natural environment</i>	<i>Working independently</i>	<i>Showing social, professional and ethical responsibility and sensitivity to gender issues</i>
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<i>Decision-making</i>	<i>Respect for the natural environment</i>							
<i>Working independently</i>	<i>Showing social, professional and ethical responsibility and sensitivity to gender issues</i>							

<i>Team work</i> <i>Working in an international environment</i> <i>Working in an interdisciplinary environment</i> <i>Production of new research ideas</i>	<i>Criticism and self-criticism</i> <i>Production of free, creative and inductive thinking</i> <i>Others...</i>
<ul style="list-style-type: none"> • Seeking, analysing and composing data and other information, using the necessary ICTs • Adaptation to new situations • Demonstration of social, professional and ethical responsibility and sensitivity • Respect of the different and the multicultural • Exercise of critical thinking and self-criticism • Advancement of free, creative and inductive thinking 	

(3) SYLLABUS

1. Introduction to Psychology: Definitions and history
1.1. Definitions
1.2. History
2. Schools of thought in Psychology
2.1. Behaviourism
2.2. Psychoanalysis
2.3. Humanistic Psychology
2.4. Cultural-historical Psychology
3. Fields in Psychology: Issues in Clinical, Cognitive, Social, Developmental and Educational Psychology
3.1. Mental disorders and therapeutic approaches
3.2. Organisation of Perception. The Theory of Person Perception
3.3. Communication and interpersonal relationships
3.4. Gender, development and the classroom
3.5. Exceptional students
4. Research in Psychology
4.1. Methods
4.2. Ethics

(4) TEACHING and LEARNING METHODS - EVALUATION

DELIVERY <i>Face-to-face, Distance learning, etc.</i>	Face-to-face	
USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY <i>Use of ICT in teaching, laboratory education, communication with students</i>	Use of ICT in teaching <ul style="list-style-type: none"> • Slides and video demonstrations • Use of HEAL-LINK and other electronic sources for access to bibliography on issues around General Psychology • Course Notes and other educational material relevant to General Psychology can be accessed at the course webpage (http://ecourse.uoi.gr/course/view.php?id=924) • Use of e-mail in communication with students 	
TEACHING METHODS <i>The manner and methods of teaching are described in detail.</i> <i>Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc.</i>	Activity	Semester workload
	Lectures aimed at activating students for course participation	39
	Study and analysis of bibliography	83
	Exams	3

<p>The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS</p>		
	Course total	125
<p align="center">STUDENT PERFORMANCE EVALUATION</p> <p><i>Description of the evaluation procedure</i></p> <p><i>Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other</i></p> <p><i>Specifically-defined evaluation criteria are given, and if and where they are accessible to students.</i></p>	<ul style="list-style-type: none"> • Questions on knowledge and understanding during course time • Written exams at the end of the semester 	

(5) ATTACHED BIBLIOGRAPHY

Suggested bibliography (from system Evdoxos)

1. Schacter, D., Gilbert, D., & Wegner, D. (2012). *Ψυχολογία*. Βοσνιάδου, Σ. (Γενική επιμέλεια). Αθήνα: Γ. Δαρδανός - Κ. Δαρδανός Ο.Ε.
2. Hayes, N. (2011). *Εισαγωγή στην Ψυχολογία* (Τόμος Α'). Αν. Κωσταρίδου-Ευκλείδη (Επιμ.). Αθήνα: Εκδόσεις Πεδίο.

Additional bibliography

1. Βοσνιάδου, Σ. (2004). *Εισαγωγή στην Ψυχολογία: Βιολογικές, Αναπτυξιακές και Συμπεριφοριστικές Προσεγγίσεις. Γνωστική Ψυχολογία* (Τόμος Α'). Αθήνα: Gutenberg - Ψυχολογία.
2. Σίμος, Π. & Κομίλη, Α. (2003). *Μέθοδοι Έρευνας στην Ψυχολογία και την Γνωστική Νευροεπιστήμη*. Αθήνα: Εκδόσεις Παπαζήση.
3. Atkinson, R. L., Atkinson, R. C., Smith, E. E., Bem, D. J., & Nolen-Hoeksema, S. (2004). *Εισαγωγή στην Ψυχολογία του Hilgard* (Τόμοι Α' και Β'). Αθήνα: Εκδόσεις Παπαζήση.
4. Wadeley, A. (1999). *Δεοντολογία της Έρευνας και Πρακτικής στην Ψυχολογία*. Θ. Βελλή (επιμ.). *Πειραματικός Σχεδιασμός και Μέθοδοι Έρευνας 1*. Αθήνα: Ελληνικά Γράμματα.